

Homeopathy and Polarity Analysis

Basics

Module 4

Neurology

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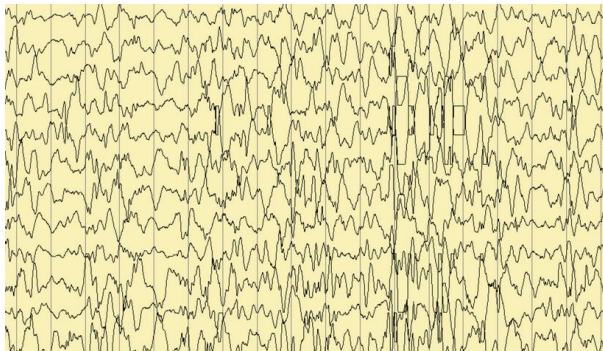
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Exercise Cases

Case 1: West-Syndrome

Jean is 8 months old and born with a Down-syndrome. Two months ago a special form of epileptic attacks began, often at night or when she wakes up in the morning: They begin with a jactatio capitis (shaking of head), then she makes a snoring sound, pulls her arms to the body, makes grasping movements with her hands and nods her head. The pupils widen, the eyes begin to tear and the eye bulb wanders upwards. During the attack she remains conscious, her extremities are cold and covered with sweat. After some seconds the attack ends with a loud cry, then she continues crying. Since the epilepsy started Jean has lost her smile and also grasping objects. At the same time she began to stretch out her limbs in an extraordinary way, but not convulsive. The neurological assessment with an electroencephalographalogram (EEG) showed a *hypsarrythmia*, which is typical for a malign form of epilepsy, the *West-syndrome* (Figure 1).

Fig. 1 : Hypsarrythimia in West syndrome



The neurologists propose an antiepileptic treatment, but the parents don't want to to give a heavy medication to their child. They come into our practice instead.

Jean presents as a hypotonic and a little overweight, friendly infant with pale skin and the typical features of trisomy 21.

We took this case before the introduction of the checklists. In the text above you find five polar symptoms. Which ones?

-
-
-
-
-

The five polar symptoms are

- Sadness, weepyness-P
- Pupils enlarged-P
- Muscles flabby-P
- < Sleep, during-P
- < Sleep, after, when awaking-P

In addition you find the following symptoms:

- Epilepsy with consciousness
- Convulsions, clonic
- Sweat cold
- Stretching out limbs
- Trembling

As *additional symptoms* the parents mention:

- Constipation
- Stool acrid, excoriating
- Strong sweating

Relevant nonpolar symptoms ?

-
-
-
-

Repertorisation¹

For repertorisation we use the polar symptoms, as well as other specific ones like epilepsy with consciousness, clonic convulsions, flabbiness of muscles, erosive stools and cold sweat.

J. F.

West Syndrome (Epilepsy)

			Calc.	Merc.	Lyc.	Chin.	Hyos.	Sulph.	Puls.	Nat-c.
Hits			9	9	8	8	8	8	8	8
Sums			22	22	24	22	20	25	24	16
Polarity Difference			14	12	15	9	9	8	6	5
113	< sleep, during [worse]	P	2	3	4	3	3	4	4	2
111	< after waking up [worse]	P	4	4	4	5	2	5	5	4
74	eyes, pupils dilated	P	4	1	3	3	4		2	2
61	sadness (dejection, inclined to weep)	P	2	1	3	2	1	2	3	1
25	epilepsy, while consciousness		1	1	1		1	2		
101	convulsions, clonic (repetitive twitching)		3	3	3	1	4	3	1	2
53	muscles, flabbiness	P	4	3	3	2	3	3	2	2
38	stool, acrid (excoriating)		1	4		4		3	4	1
66	perspiration, cold		1	2	3	2	2	3	3	2
8	> sleep, during [better]									
28	> sleep, after; while waking up [better]		1			2			2	1
61	eyes, pupils contracted		1			3	1	4/CI	3/CI	
42	cheerfulness, happiness				2		3/CI		3	4/CI
34	muscles, tense					1		2	2	1

Interpretation

Only two remedies cover all characteristic symptoms, Calcium carbonicum and Mercurius solubilis.

*Materia medica comparison (GS)²**Calcium carbonicum*

Epilepsy, causes vexation, fright. Intermittent, worse at night and during full moon. Child languid, yellow and pale. Great lassitude, weakness and debility. Stool large, hard, dry knotty, and difficult passage. Soreness between legs and anus. Cold sweat. Night sweat especially on head, neck and chest, with cold limbs.

Mercurius solubilis

Paroxysmal trembling. Convulsions with cries, rigidity and bloated abdomen, epileptic [convulsions] at night, mostly in extremities. Stools tenacious or crumbling, small knotty masses, ineffectual straining. Green slimy discharges, with pinching and cutting.

Prescription and Progress

Due to the better fit in the materia medica comparison Jean receives a dose of *Calcium carbonicum 200 C*.

During the next two weeks the epileptic attacks are more frequent and stronger, then they begin to subside and disappear within a month. She also begins to smile again and makes progress in her psychomotor development, begins to sit alone, turns from belly to back and, in the words of the parents, «is another child». After three months her sleep is disturbed again, but without seizures. We give her *Calcium carbonicum M* and everything goes back to normal. The next electroencephalographic control is done four months after the begin of homeopathic treatment.

The neurologist writes: «*Well developed EEG of a 12 months old child (stadium B1-D). During sleep stadium C occasional bilateral episodes of hypersynchronous elements. Otherwise the earlier pathology has completely disappeared. No side differences. I have rechecked the first EEG and come to the conclusion that she undoubtedly had hypsarrhythmia. The spontaneous clinical and electroencephalographic recovery is very surprising.*»

Since then, Jean is free of any epileptic seizures.

Time of observation : 10 years.

Comment

West syndrome is a very severe disease, which normally turns into a combined form of different epileptic attacks. Conventional treatment would apply anticonvulsive medicines, Vitamin B6, ACTH or glucocorticosteroids. Healing a West syndrom with homeopathy alone is quite exceptional. This patient had no other treatments.

Case 2: Migraine accompagnée

Stefan is a blond 16-years-old young man in his last year of grammarschool. He would like to become a draftsman, but hasn't found a place for his apprenticeship yet, which demotivates him terribly. He comes to our practice

The following symptoms can be left away:

- Headache stinging, throbbing: Sensation, not very reliable
- Head, right side: Laterality, not very reliable
- Tingling, numbness: Skin symptom, not very reliable
- Vertigo: 116 remedies, does not differentiate
- > Sleep after: Is normal
- > Darkness: Identical with < *Light*, use only one
- < Reading: Covered by < *Strained vision*
- Muscles tense: Constitutional trait, not symptom

Repertorisation

S. M.

Migraine accompagnée

		Nux-v.	Nat-m.	Calc.	Phos.	Graph.	Chin.	Sep.	Bell.	Cocc.	Bry.	
Hits		14	14	14	14	14	14	14	13	13	13	
Sums		47	42	40	36	31	26	32	43	35	39	
Polarity Difference		40	31	26	26	23	11	8	32	28	27	
68	movement, aversion to	P	4	3	1	2	1	1	2	2	3	2
117	> resting (not moving) [better]	P	4	3	2	3	3	1	1	4	3	4
106	> lying position [better]	P	4	3	3	1	2	1	1	3	2	4
80	< light in general [worse]	P	3	1	4	4	4	3	3	3	1	2
126	< walking, while [worse]	P	4	3	2	3	3	1	1	4	3	4
65	< mental effort [worse]	P	5	4	4	1	2	2	4	3	3	
70	< physical effort [worse]	P	3	3	3	2	1	3	2		3	4
85	< looking, at something close-up, strai	P	1	4	4	3	3	1	3	2	1	1
77	< talking, speaking [worse]	P	2	4	4	3	3	4	3	3	4	3
71	< shaking head [worse]	P	4	2	1	2	2	1	2	4	2	3
88	< weather / air, cold [worse]	P	4	2	3	3	1	1	3	5	3	3
79	< rising from bed, while getting up [wor	P	3	3	3	3	3	2	2	3	4	4
115	appetite, absent	P	4	3	3	2	1	4	4	3	3	3
83	vision, vanishing of sight (blackout)		2	4	3	4	2	1	1	4		2
58	movement, desire for		1		1			4/CI	1	1		2
102	< resting, while [worse]			1	1	1		1	3/CI	1	1	1
125	< lying position [worse]		1	1	1	1		1	3/CI	1	1	1
13	> light in general [better]				2							
102	> walking, while [better]			1	1	1	1	1	3/CI	1	1	1
3	> mental effort [better]											
6	> physical effort [better]			1					4/CI			
5	> looking, at something close-up, strained vision [better]											
1	> talking, speaking [better]											
3	> shaking head [better]							1				
44	> weather / air, cold [better]		1	1	1	1			2		2	2
41	> rising from bed, while [better]							2	4/CI			
99	hunger		2	2	4(CI)	2	4/CI	4	3	3	2	3

Interpretation

Seven remedies cover all symptoms; four of them are discarded due to contraindications. *Nux vomica* and *Natrium muriaticum* are the favorites due to their high polarity difference. We look for confirmatory symptoms: Although Stefan says that he is stressed at school, he is all but ambitious, does only the minimum work required. Actually he just hopes to receive an apprenticeship by a miracle. On the other hand he is introverted, withdraws when he is sad and does not want consolation. And he is easily offended and unforgiving, arguments for *Natrum muriaticum*.

Materia medica-Comparison for Natrium muriaticum (GS)

Beating and pulsation in head when moving, > lying with head high, < from reading or talking, < from light, < on waking, walking and turning head.

Remedy and Progress

Stefan receives a dose of *Natrium muriaticum* 200 C.

During the next month he has no migraine, and the vertigo has diminished. We continue with *Natrium muriaticum* in rising potency, monthly (M, XM, LM, CM), the migraine stays away, and the vertigo disappears completely. *Observation time: 5 years.*

Comment

An important criterion for the success of a polarity analysis is to distinguish between characteristic and common symptoms. It is not necessary to use all symptoms for repertorisation, on the contrary: If we mix characteristic and common symptoms we might miss the right remedy.

Fall 3: Facial Paresis

Three-year-old Uriel has a tic-bite in the left groin, and the mother cannot remove the tic in one piece. Within a week he makes a foreign body reaction. We give him *Hepar sulfur* C 200 and M, which lead to an expulsion of the tic rests. And the bite-site heals without producing an erythema.

One year later the parents observe an asymmetry of Uriel's face. When smiling the left angle of the mouth hangs down, and he has difficulties to eat because he cannot close his mouth anymore. They consult the University Children's Hospital right away. The diagnosis is a facial paresis due to Neuroborreliosis. Uriel receives an antibiotic intravenously during two weeks. But the facial paresis does not improve.

I see him four weeks later with 38.5° Fever, ear pain on the left, coryza and cough. Throat and left eardrum are inflamed, and he has some enlarged lymph nodes on the left side of the neck, who are sensitive to touch and pressure.

With the *Checklist* I only get the following few symptoms:

- Facial paresis left side
- Ear pain left side
- < Standing-P
- < Effort physical-P
- Hunger-P
- Irritability-P
- < Lying on painful side-P

Which additional symptoms can you find in the text above?

-
-
-

The additional symptoms are:

- < Eating, while-P
- < Pressure-P
- < Touch-P

Repertorisation

Uriel G.

Facial paresis and AOM left side

		Lyc.	Nit-ac.	Oind.	Nat-m.	Lach.	Chin.	Calc.	Nux-v.	Phos.
Hits		9	9	9	9	9	9	9	9	9
Sums		28	19	18	20	18	18	21	20	19
Polarity Difference		18	14	12	9	9	8	6	6	6
107	< standing [worse]	P	2	1	2	1	1	1	1	1
70	< physical effort [worse]	P	5	2	2	3	1	3	3	2
99	hunger	P	3	1	3	2	1	4	4	2
64	irritability (anger, aggression)	P	3	1	1	3	2	2	4	3
93	< pressure, external [worse]	P	4	3	3	3	3	1	3	2
121	< touch [worse]	P	4	3	2	2	2	1	4	1
80	< lying, on painful side [worse]	P	3	3	1	1	3	2	3	3
91	< eating, during [worse]	P	3	4	2	3	2	3	1	3
55	paralysis, one-sided		1	1	2	2	3	2	1	2
71	> standing [better]		1		2		1	2	3/CI	4/CI
6	> physical effort [better]				1					
115	appetite, absent		3	2	2	3/CI	2	4	3	4/CI
37	mildness		3			1				
74	> pressure, external [better]			1	1		1	1	2	1
42	> touch [better]		1		1		1	4/CI		3/CI
24	> lying, on painful side [better]		1					3/CI	2	
54	> eating, during [better]		1	1		4/CI	1		2	1

Interpretation

Fourteen remedies cover all symptoms; ten of them are discarded due to contraindications. *Lycopodium*, *Nitricum acidum* and *Oleander* are the favorites.

The most interesting remedy is *Oleander*.

Why?

Materia medica Comparison for Oleander (GS)

Painless paralysis.

Remedy and Progress

Uriel receives a dose of *Oleander 200 C*.

Within two weeks the paresis improves, but does not completely disappear. We repeat *Oleander* twice in intervals of two weeks, and the paresis disappears. Three months later it reappears, and now is finally cured with a fourth dose of *Oleander 200 C*. Observation time: 3 Jahre

Case 4: PM-Retardation and recurrent infections

Tara is a two year old girl who suffers of a *microdeletion syndrome 1q21.1*. With two months she was operated for the correction of an atrio-ventricular septum defect (Fallot). Now she still has a slight mitral valve insufficiency and an open Ductus arteriosus, but for the cardiologists this is only a minor problem.

Further consequences of the chromosomal deletion are iris- and retina-colobomes in both eyes, a dysmorphic face with hypertelorism, broad base of nose, strabism, retrognathia and protruding ears (Figure 2). She also has a short stature (length, weight and head-circumferenc below 3rd percentile), and a psychomotor retardation: Sitting : 16 months, crawling: 20 months, and with 22 months she still does not speak or pull herself up on the legs.

Because she had pneumonia with 9 months the clinic prescribed a continuous treatment with a Beta-2-stimulator. The parents come to the homeopathic case taking to better protect the child against respiratory tract infections.



Figure 2: T. T., 22 months (with kind permission of the parents).

With the *Checklist* they report 26 polar symptoms. Main problems are the psychomotor retardation, recurrent respiratory tract infections, abdominal pains, a sleep disorder and fears. They have the following modalities :

Symptom	Clarification by parents
> In open air-P	> In open air-P
< Warmth of room-P	> Cold in general-P
> Cold in general-P	
> Weather cold-P	
> Food and drink, cold things-P	
> Water cold-P	
< Sleep, before-P	< Lying on back-P > Lying on side-P
< Lying position-P	
< After lying down-P	
< Lying on back-P	
> Lying on side-P	
< After sleep-P	
> Sitting-P	> Sitting-P
> Standing-P	> Standing-P
Desire for movement-P	Desire for movement-P
> Movement-P	Means deflection, leave symptoms away
> Effort, mental-P	
> Effort, physical-P	
> Driving in a vehicle-P	
> Resting-P	> Resting-P
Loss of appetite-P	Loss of appetite-P
< Sober before breakfast-P	< Sober before breakfast-P
> Swallowing-P	> Swallowing-P
> Eating after-P	> Eating after-P
Saliva increased-P	Saliva increased-P
> Touch-P	Normal in a child, leave away

For repertorisation we only use the symptoms in the right column.

Repertorisation

Tara T.

PM-Retardation

		Iod.	Nux-v.	Merc.	Ign.	Rhus.	Arn.	Spig.	Phos.	Alum.
Hits		13	13	13	13	13	12	12	12	12
Sums		35	36	25	25	27	24	22	31	20
Polarity Difference		24	3	1	1	-2	8	7	3	3
93	> open air [better]	P 2	1	1	1	1	2	1	3	4
73	> cold in general [better]	P 4	1	1	1	1	1	1	1	1
48	< lying, on back [worse]	P 3	4	2	2	3	1	3	4	1
46	> lying, on side [better]	P 2	4	1	1	2	2	1	3	1
101	> sitting [better]	P 3	4	3	1	1	2	1	2	1
71	> standing [better]	P 3	3	2	1	1	2	2	4	
58	movement, desire for	P 1	1	1	1	4	3			1
117	> resting (not moving) [better]	P 3	4	3	1	1	3	3	3	1
115	appetite, absent	P 1	4	3	3	4	3	1	2	2
57	< stomach, empty, before breakfast [w	P 4	2	1	3	2		3	1	1
47	> swallowing [better]	P 1	3	2	4	1	3	1	1	3
52	> eating, after [better]	P 5	1	1	3	2	1	2	3	1
117	saliva, increased	P 3	4	4	3	4	1	3	4	3
110	< open air [worse]	1	4/CI	3/CI	3/CI	2	1	3/CI	1	1
90	< cold in general [worse]		4/CI	1	3/CI	4/CI	2	2	2	1
50	> lying, on back [better]		2	3/CI	2		2	1	1	
50	< lying, on side [worse]		2	3/CI	3/CI		1	1	4(CI)	
126	< sitting [worse]	1	1	1	1	4/CI	1	1	1	2
107	< standing [worse]		1	1	2	3/CI	1	1	1	2
68	movement, aversion to		4/CI	2	3/CI		1		2	2
102	< resting, while [worse]			1	1	4/CI	1	1	1	2
99	hunger	2	2	2	2	2	1	1	2	2
65	> stomach, empty, before breakfast [better]	1	2		1	1	1		2	1
93	< swallowing [worse]	2	3	3/CI	1	3/CI		2	3/CI	1
121	< eating, after [worse]	3	5/CI	1	1	4/CI	2	1	4(CI)	2
111	saliva, diminished	1	3	3	1	2	2	1	4	1

Interpretation

Five remedies cover everything, but only Jodum has no contraindication.

Materia medica- Comparison for Jodum (GS)

Face pale, fear and anxiety, restlessness. Increase of saliva, food distresses her. Emaciation, Spasmodic pains in stomach. Shortness of breath. Restless sleep, aso...

Remedy and Progress

Tara receives *Jodum 200 C*.

During the next few weeks she makes a development thrust, begins to walk freely and eats much better. We continue with *Jodum M*. After two months she says her first words, and weight, length and head-circumference move upwards in the percentiles. (Figure 3).

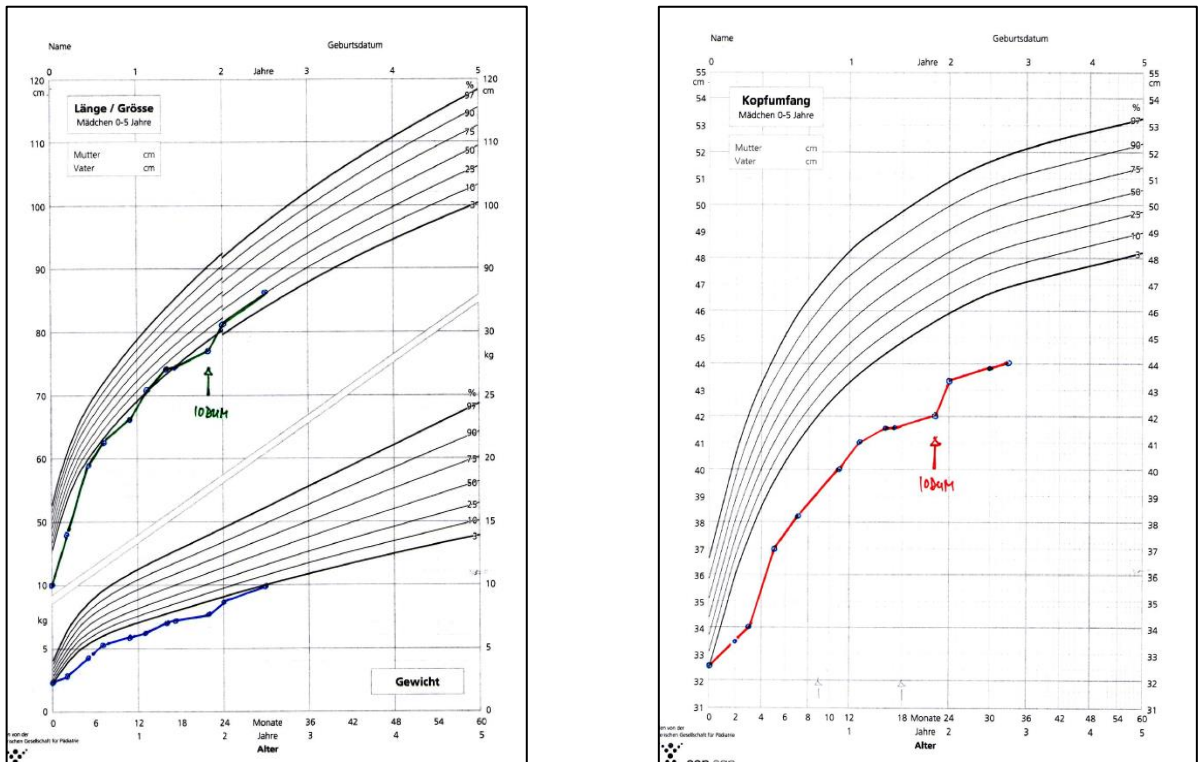


Figure 3: Taras course of length, weight and head-circumference

With further doses of Jodum in rising potency (XM, LM, CM, C200, etc.) at monthly intervals the frequency and severeness of the respiratory tract infections decreases. Nevertheless she makes another pneumonia after six months, although less severe and shorter than the first one. Due to her cardiac situation it is treated with conventional medicine. Since the modalities have not changed we still continue with Jodum.

Observation time: Three years.

Comment

A development thrust in an infant indicates that the remedy has been well selected. But the second pneumonia shows that the homeopathic remedy does not protect her against everything.

This case has been demanding, due to the high number of polar symptoms. With a careful discussion such a situation must be clarified.

Literature

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